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| Name: MR.NITHIN | Reg No: 10-6SMMHC18 |
| Age / Sex:18/M | Contact No:9448666350 |
| Marital Status:SINGLE | Date:28/6/18 |
| Occupation:BCOM HONOR CHRIST COLLEGE. | Dr. PJFP |
| Address:  LAKSHMI SON. | DIAGNOSIS- |

1. BLACKISH DISC SINCE 3- 4 YEARS.
2. ACNE ONLY ON FOREHEAD AND T ZONE SINCE 4 YEARS.

FROM PIMPLES GETS BLACKISH DISCHARGE OR SOMETIMES WHITISH.

1. FROM 2 DAYS VOICE BECAME HOARSE . STARTED COLLEGE AFTER HOLIDAYS. 6 AM BUS. COLD AIR EXPOSURE.
2. HANDS SHIVER FRM AN YEAR. <IF HOLDS ANYTHING HARD, ANYTIME CANT SAY. > EATING.,

GOT EAR PIERCED LIKES IT BCOZ ALL HIS COUSINS GOT IT DONE SO HE TO GOT IT DONE.

RX:

1. LYCO 200 – 3 DOSES – MNG B.FOOD FOR 3 DAYS.
2. CAUST 30 – 4-4-4-4.
3. RUB 15 1DOSE NT B.FOO.

23/7/18: burning in pimples. Bloating abd. Frm 4 am loose motions from 1 day. 1 month having stomach upset. Burning eructations. . < non veg, chapthi. Hand vibration same. 10 times passd .

Rx:

1. Typhoidinum 1m – 1 dose.
2. Aftr motions reduce – take lyco 1m – 1 dose mng b.brush watr.
3. Nat phos 6x 4-4-4-4.
4. Rub 15 – nt 1 dose.

400

6/8/18: if eats non veg gets tomach pain. but desires.

Rx:

1. Typhoidinum1m/arsalb 200/thuja 200 – 4-4-4-4. 1dram.
2. Rub 15 night 1 dose b/food.

22/8/18: skin allergy from yesterday Afternoon. Abdomen pain twisting type pain. epigastric and left hypochondriac region and full body pain feeling weak from 5 days. Right side throat pain on touch. Dryness in throat. Motion loose frm yesterday. Giddiness after waking frm sleep. Hunger not ther. Thirst reduced tho thirsty becoz feels fullness abdomen. Hand trembles even while driving.

Rx:

1. Merc cor 1m /bryonia1m/parotidinum1m – 4 pills 3 hourly. Water. For 3 days.

4/10/18: nosebleed since 15 days only in the nights. When sleeping on the pillow. At times In the mornings gets smell in the nose. Lips swelling cant say when but its happening. Feels hot. Pain when smiling or stretching.since 2 years.

Rx:

1. Nat mur 1m / apis 1m/ferr phos 30– 4-4-4-4.
2. Merc sol 1m – 5 doses 3 days once b/food. mng
3. Pentaphos 2-2-2-2
4. Homoeocal 4-0-4.
5. Rub – 15 1 night b/food.

11/11/18: nosebleed reduced. Color improvement. From 3-4 days feels nose block dryness in nose. Hand shaking persists. Morning full vomiting sensation. Doesn’t come out also but feels heavy. Thick white must take out with great difficulty. Lips still swollen and painful cant stretch also. Now ok but persisting. Left hand had some injury since then pain.

Rx:

1. Kali bi 200 – 4-4-4.
2. Ant tart 200 – 4-4-4-4.
3. Nat mur 30 /apis 30 / ferr phos 30/nit acid 30 – disc 4-0-4 b/food.
4. Berb aq Q 20 drops morning and night in 1 mug water and splash on face.
5. Arnica200+hypericum200 4-4-4-4 disc.
6. Sil 12 x 4-4-4-4.

21/1/19: lips swollen, painful, comes like white layer. Buttock region pimples. >hot water.

Rx:

1. Merc sol 200 – 4-4-4-4 1 dram pills.
2. Berb aq Q 20 drops morning and night in 1 mug water and splash on face.
3. Nat mur 1m – 5 doses – 3 days once b/food mng.
4. Kalmegh Q – 20-20-20 drops a/food in half galss water.

19/2/19: cough. Throat dry in the night. Must drink water otherwise cough.

Rx:

1. Bryonia 1m – 4-4-4-4.1 dram
2. Acid sulph 200 – 4-4-4-4. 1 dram
3. Kalmegh Q+alfalfaQ – 20-20-20 drops a/food in half galss water.

2/4/19: nosebleed yesterday. Blocking nose in the night. Face blackish discoloration.

Rx

1. Berb aq 200/lach 200 – 4-4-4-4 alternate weeks – 1 dram
2. Kalmegh Q+alfalfa+ginsengQ – 15-15-15 drops a/food in half galss water.
3. Kali chlor 200 – 4 doses – 3weekly b/food.
4. Bryonia 200- disc 4-0-4.

22/5/19: face near the right corner of the lip got one circular patch like ring worm. Itching. <sweat, facewash after while wiping with towel, lips better but still swelling and dry feel.

Rx:

1. Nat mur 1m – 4 pills b/food.
2. Berb aq Q 20 drops morning and night in 1 mug water and splash on face.
3. Teucruim 1m – 4 pills afternoon b/food.
4. Sepia 200 – 4 pills night b/food.
5. Rub 15
6. Bac 1m – 2 doses weekly.

27/07/19: new patch started above the old one on the rt. Cheek. Itching underarms also. Sneezing and running nose since yesterday. Loose motion once . had food outside.

Rx:

1. Merc cor/ typhoidinum/ colocynth/nux vom 200/ ars 200 – 4-4-4-4
2. Sepia 1m/teucrium 1m/ bac 1m – 4-4-4-4 4 days.
3. Nat mur 1m –
4. Candida albicans 30